



Calgary North Edge Skating Academy

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UPDATE re: Coronavirus (COVID-19) - March 13, 2020, 7:42pm

Dear members,

All participants and members of Calgary North Edge Skating Academy (CNESA) are very important to us. This includes the health and safety of our skaters, their families, our coaches and skating community. CNESA is actively monitoring the status of the Coronavirus (COVID-19) in Calgary and working with our arena facility, Don Hartman NE Sportsplex, to increase protocols to keep members safe.

Today, the Alberta Health Minister announced that schools, daycares and post-secondary institutions can remain open and the City of Calgary currently assesses the risk level of contracting the virus as low within Calgary. Therefore CNESA has made the following decisions and implemented the below safety protocols:

At this time, ALL Calgary North Edge Skating Academy programs, for the remainder of Winter 2020, will continue running as scheduled.

At this time, CNESA continues to plan to operate Spring 2020 sessions as scheduled, starting in April. Registration for Spring sessions remains open on the CNESA website.

Don Hartman NE Sportsplex has put the following increased protocols in place:

- Morning and nightly sanitation procedures
- Frequent cleaning and disinfection of communal areas
- Illness prevention practices to stop the spread of bacteria

Calgary North Edge Skating Academy has put the following protocols in place:

- All coaches will wash their hands with soap and water, at the arena, before, between and after skating sessions
- CNESA will frequently clean and disinfect all skating supplies, PreCanSkate/CanSkate supplies and all skating equipment
- CNESA asks all members attending skating sessions, to utilize washrooms in the arena lobby and dressing rooms, to wash their hands with soap and water, before and after skating sessions
- CNESA asks all members not to attend skating sessions if they are feeling sick
- Please note, the Alberta Health Minister announced today, all travelers returning from outside of Canada since March 12 should self-isolate for 14 days and monitor symptoms. CNESA asks members to follow this protocol.

All members of CNESA are asked to take the following safety measures, provided by the City of Calgary, to prevent the spread of all viruses:

- **Wash your hands frequently:** This is the single most effective way of preventing the spread of disease. Use hand sanitizer, when you can't wash your hands with soap and warm water
- **Catch your germs:** Cover your mouth and nose when you cough or sneeze by using the inside of your elbow or your shoulder
- **Avoid touching your face:** In between handwashing, keep your hands away from your eyes, ears, nose and mouth
- **Feeling sick:** If you are experiencing, fever, cough, difficulty breathing or other flu like symptoms, stay home and away from others and contact your healthcare provider

CNESA will continue to monitor the situation around the Coronavirus (COVID-19) in Calgary and will communicate any changes in programming to our membership. As our membership and their health and safety are extremely important to us, programming at CNESA will continue to follow the recommendations of Alberta Health Services and the City of Calgary.

Thank you,

Calgary North Edge Skating Academy